



CHLOË BOWLER
complete wellbeing

ASPARAGUS PARCELS



Ingredients

- Bunch of asparagus
- 200g Mozzarella Cheese
- 6 slices Parma Ham

Instructions

1. Simply divide the asparagus into bunches of about 4-5 pieces.
2. Lie the parma ham out flat, and then place the asparagus in the parma ham.
3. Slice up the mozzarella and place on top of the asparagus, then simply wrap up into little parcels.
4. Season the parcels well, and place in an ovenproof dish under a medium grill and cook for 5-10 minutes until browned.

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