



CHLOË BOWLER
complete wellbeing

BACON SALAD



Ingredients

- 4 rashers of lean bacon
- 2 eggs
- 8 cherry tomatoes
- mixed salad leaves
- 1 slice gluten free bread
- Handful of chives

Instructions

1. Grill the bacon then cut into small pieces.
2. Toast the piece of bread and cut into croutons.
3. Poach 2 eggs.
4. Drizzle some avocado oil onto the salad leaves, and mix in the tomatoes and croutons.
5. Place the eggs on top and serve with some chopped chives and plenty of pepper.

CHLOEBOWLER.COM