



CHLOË BOWLER
complete wellbeing

CRAB LINGUINE



Ingredients

- 200g white crab meat
- 1 red chilli
- Handful of Rocket
- Gluten Free Spaghetti
- 2 tbsp crème fraiche
- 1 lemon
- Parmesan

Instructions

1. Start by cooking the linguine in boiling water until al dente.
2. Once cooked, simply stir in the cooked crab meat, add the chopped chilli, and then stir through the rocket and crème fraiche while the pasta is still hot.
3. Finish with plenty of seasoning, and some grated parmesan.

CHLOEBOWLER.COM