



CHLOË BOWLER  
complete wellbeing

## CORONATION CHICKEN



### Ingredients (Serves 2):

- 2 chicken breasts
- 1 onion
- 20g flaked almonds
- 20g dried apricots
- 20g sultanas
- 1 tbsp medium curry powder
- 2 tbsp mango chutney
- 100g mayonnaise
- Little Gem Lettuce

### Method:

1. Poach the chicken breasts and leave to cool.
2. Meanwhile, chop the onion and fry in olive oil.
3. Add the curry powder and stir through.
4. In a large bowl, mix the mango chutney and mayonnaise, along with the chopped apricots and sultanas.
5. Shred the chicken into the pan of onions, and stir in the mayonnaise mix.
6. Place the chicken on some little gem lettuce leaves, and top with flaked almonds.

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